



# What Do You Want To Be Famous For Worksheet

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## Instructions

**Purpose:** This is a values and passions clarification worksheet. It asks the question of, "What would you like to be famous for?" The things that we would like to be famous for are typically the things that we hold most valuable in our lives and the things that we are passionate about doing. This exercise serves to investigate those passions and core values.

**Directions:** Tell your client that you want them to list the top three things that they want to be famous for in the space provided. You want to make sure that they don't spend too much time thinking about the answer. Just tell them to write down the first three that come to mind. After they complete that task, discuss their answers with them and investigate why they chose those three. If you are administering this exercise to yourself, then use the "discussion" section to write out your response.

## What is the Synergy Institute?

The Synergy Institute is a personal development publishing and training company based out of San Diego, California. Our mission is to provide the tools and the education needed to help as many people as we can create a positive change in their lives.

### We offer:

- Life & Personal Coaching Services
- Corporate Soft-Skills Training
- Personal Growth Seminars
- Personal Development Products

## Who is Tristan Loo

**Tristan Loo** is a professional Life Coach, Author, Consultant, Instructor and Founder of the Synergy Institute. He is internationally recognized as authority on human potential, communication and personal effectiveness. Tristan's amazing success rate at having his clients reach their goals has him in high demand all over the world and has attracted the attention of an A-list clientele. His methods have been successful in helping people achieve their happiness in life where traditional approaches have consistently failed. In business settings, Tristan's practical techniques have consistently increased motivation, improved communication and increased sales. Tristan has coached clients in the United States, Canada, Great Britain, Ireland, Australia and India.

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For more information, please contact Tristan Loo at:  
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## What Would You Like to be Famous For?

**Purpose and Instructions:** We all have a desire for recognition. It's a basic human need. This is an exercise to get you to start thinking of what things you consider to be valuable in your life to warrant fame. Begin by thinking about this question:

*If I could be famous for anything imaginable, what would I be famous for?*

Don't take too much time pondering this question, just put the top three answers that come to your mind first. After that is complete, write about the reasons why you have listed those three things in the area provided below labeled "Discussion."

I want to be famous for

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I want to be famous for

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I want to be famous for

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Discussion

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